

# Monoidal Categories, Higher Categories

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Midlands Graduate School in the Foundations of Computing Science  
University of Birmingham  
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Examples will be drawn from sets, relations, and Hilbert spaces, giving insight into applications to classical, nondeterministic, and quantum computation.

# Part I

## Monoidal categories

# I. Monoidal categories

Category theory describes systems and processes:

- physical systems, and physical processes governing them;
- data types, and algorithms manipulating them;
- algebraic structures, and structure-preserving functions;
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Monoidal category theory adds the idea of *parallelism*:

- independent physical systems evolve simultaneously;
- running computer algorithms in parallel;
- products or sums of algebraic or geometric structures;
- using separate proofs of  $P$  and  $Q$  to construct a proof of the conjunction ( $P$  and  $Q$ ).

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- Maybe they should be *isomorphic* — but then what *equations* should these isomorphisms satisfy?
- How do we treat *trivial* systems?
- What should the relationship be between  $A \otimes B$  and  $B \otimes A$ ?

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- and a family of *right unitor* natural isomorphisms

$$A \otimes I \xrightarrow{\rho_A} A.$$

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This data must satisfy the *triangle* and *pentagon* equations, for all objects  $A$ ,  $B$ ,  $C$  and  $D$ :

$$\begin{array}{ccc} (A \otimes I) \otimes B & \xrightarrow{\alpha_{A,I,B}} & A \otimes (I \otimes B) \\ & \searrow \rho_A \otimes \text{id}_B & \swarrow \text{id}_A \otimes \lambda_B \\ & A \otimes B & \end{array}$$

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**Theorem 2.** *If the pentagon and triangle equations hold, then so does any well-typed equation built from  $\alpha$ ,  $\lambda$ ,  $\rho$  and their inverses.*

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**Theorem 2.** *If the pentagon and triangle equations hold, then so does any well-typed equation built from  $\alpha$ ,  $\lambda$ ,  $\rho$  and their inverses.*

**Exercise.** Use the triangle and pentagon equations to prove  $\lambda_I = \rho_I$ .

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Other tensor products exist, but this one plays a canonical role in our interpretation of classical reality.

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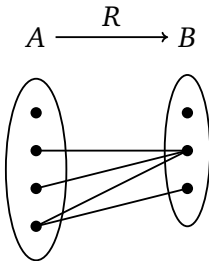
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**Definition 6.** Given sets  $A$  and  $B$ , a relation  $A \xrightarrow{R} B$  is a subset  $R \subseteq A \times B$ .

We can think of a relation  $A \xrightarrow{R} B$  in a dynamical way, as specifying how states of  $A$  can evolve into states of  $B$ :



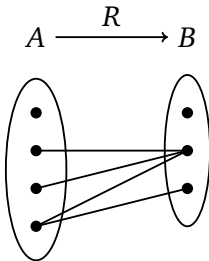
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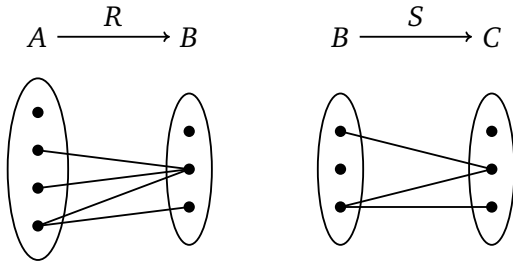
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This is nondeterministic, because an element of  $A$  can be related to more than one element of  $B$ , or to none.



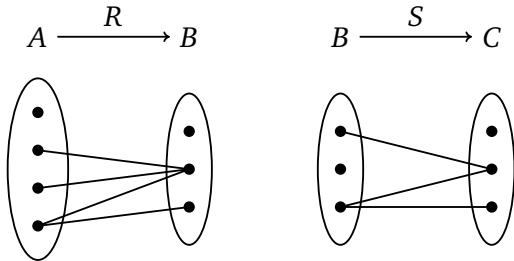
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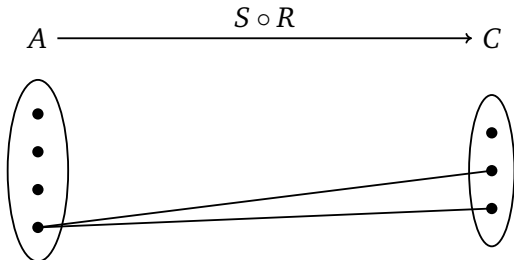


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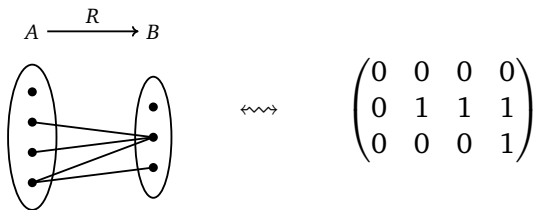


Then our interpretation gives a natural notion of composition:



# I. Monoidal categories

We can write relations as (0,1)-valued matrices:



Composition of relations is then ordinary matrix multiplication, with logical disjunction (OR) and conjunction (AND) for  $+$  and  $\times$ .

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- **the identity morphism** on  $A$  is the relation  $\{(a, a) \in A \times A \mid a \in A\}$ .

Define the category **FRel** to be the restriction of **Rel** to finite sets.

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- **morphisms** are relations  $R \subseteq A \times B$ , with  $(a, b) \in R$  written  $aRb$ ;
- **composition** of  $A \xrightarrow{R} B$  and  $B \xrightarrow{S} C$  is the relation  $\{(a, c) \in A \times C \mid \exists b \in B: aRb, bSc\}$ ;
- **the identity morphism** on  $A$  is the relation  $\{(a, a) \in A \times A \mid a \in A\}$ .

Define the category **FRel** to be the restriction of **Rel** to finite sets.

While **Set** is a setting for classical physics, and **Hilb** is a setting for quantum physics, **Rel** is somewhere in the middle.

It seems like **Rel** should be a lot like **Set**, but we will discover it behaves a lot more like **Hilb**.

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The Cartesian product is *not* a categorical product in **Rel**, so although this monoidal structure looks like that of **Set**, it is more similar to the structure on **Hilb**.

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Monoidal categories satisfy the *interchange law*, which governs the interaction between composition and tensor product.

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**Theorem 9.** Any morphisms  $A \xrightarrow{f} B$ ,  $B \xrightarrow{g} C$ ,  $D \xrightarrow{h} E$  and  $E \xrightarrow{j} F$  in a monoidal category satisfy the interchange law:

$$(g \circ f) \otimes (j \circ h) = (g \otimes j) \circ (f \otimes h)$$

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**Proof.** This holds because of properties of the category  $\mathbf{C} \times \mathbf{C}$ , and from the fact that  $\otimes : \mathbf{C} \times \mathbf{C} \rightarrow \mathbf{C}$  is a functor:

$$\begin{aligned} (g \circ f) \otimes (j \circ h) &\equiv \otimes(g \circ f, j \circ h) \\ &= \otimes((g, j) \circ (f, h)) && \text{(composition in } \mathbf{C} \times \mathbf{C} \text{)} \\ &= (\otimes(g, j)) \circ (\otimes(f, h)) && \text{(functoriality of } \otimes \text{)} \\ &= (g \otimes j) \circ (f \otimes h) \end{aligned}$$

Remember the functoriality property:  $F(g \circ f) = F(g) \circ F(f)$ .

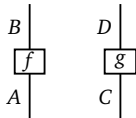
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For morphisms  $A \xrightarrow{f} B$  and  $C \xrightarrow{g} D$ , we draw their tensor product  $A \otimes C \xrightarrow{f \otimes g} B \otimes D$  like this:

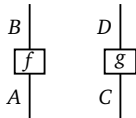


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Inputs are drawn at the bottom, and outputs are drawn at the top; in this sense, “time” runs upwards.

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$$\begin{array}{c} | \\ A \\ | \\ \lambda_A \end{array}$$

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 | & | & | \\
 A & B & C \\
 | & | & | \\
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 \end{array}$$

The coherence of  $\alpha$ ,  $\lambda$  and  $\rho$  is essential for the graphical calculus to function. Since there can only be a single morphism built from their components of any given type, it *doesn't matter* that their graphical calculus encodes no information.

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Now let's look at the interchange law:

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The apparent complexity of the theory of monoidal categories— $\alpha$ ,  $\lambda$ ,  $\rho$ , coherence, interchange—was in fact complexity of the *geometry of the plane*. So when we use a geometrical notation, the complexity vanishes.

# I. Monoidal categories

Two diagrams are *planar isotopic* when one can be deformed continuously into the other, such that:

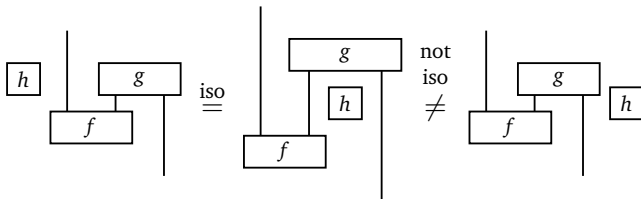
- diagrams remain confined to a rectangular region of the plane;
- input and output wires terminate at the lower and upper boundaries of the rectangle;
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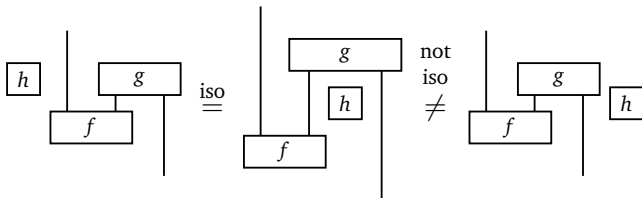


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We will allow heights of the diagrams to change, and allow input and output wires to slide horizontally along the boundary, although they must never change order.



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We can now state the correctness theorem.

**Theorem 10.** *A well-formed equation between morphisms in a monoidal category follows from the axioms if and only if it holds in the graphical language up to planar isotopy.*

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Let  $f$  and  $g$  be morphisms such that the equation  $f = g$  is well-formed, and consider the following statements:

- $P(f, g) =$  ‘under the axioms of a monoidal category,  $f = g$ ’
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*Completeness* is the reverse assertion, that for all such  $f$  and  $g$ ,  $Q(f, g) \Rightarrow P(f, g)$ . It is hard to prove; one must show that planar isotopy is generated by a finite set of moves, each being implied by the monoidal axioms.

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We draw a state  $I \xrightarrow{a} A$  like this:





# I. Monoidal categories

**Example 12.** Let's examine the states in our example categories.

- In **Hilb**, states of a Hilbert space  $H$  are linear functions  $\mathbb{C} \rightarrow H$ , which correspond to *elements* of  $H$  by considering the image of  $1 \in \mathbb{C}$ .

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- In **Rel**, states of a set  $A$  are relations  $\{\bullet\} \xrightarrow{R} A$ , which correspond to *subsets* by considering all elements related to  $\bullet$ .

# I. Monoidal categories

The dual notion of state is effect.

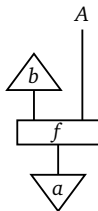
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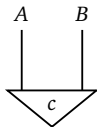
We can use states, effects and other morphisms to build up interesting diagrams, which give ‘histories’ for a family of systems:



We can interpret an effect as a *property observation* of a system. Overall this composite gives a state of  $A$ .

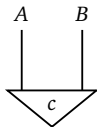
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A morphism  $I \xrightarrow{c} A \otimes B$  is a *joint state* of  $A$  and  $B$ . We depict it graphically in the following way.

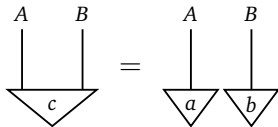


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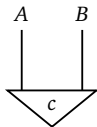


**Definition 14.** A joint state  $I \xrightarrow{c} A \otimes B$  is a *product state* when it is of the form  $I \xrightarrow{\lambda_I} I \otimes I \xrightarrow{a \otimes b} A \otimes B$ :

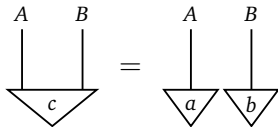


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**Definition 15.** A joint state is *entangled* when it is not a product state.



# I. Monoidal categories

**Example 16.** Let's investigate joint states, product states, and entangled states in our example categories.

- In **Hilb**:
  - **joint states** of  $H$  and  $K$  are elements of  $H \otimes K$ ;
  - **product states** are factorizable states;
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- In **Rel**:
  - **joint states** of  $A$  and  $B$  are subsets of  $A \times B$ ;
  - **product states** are subsets  $U \subseteq A \times B$  such that, for some  $V \subseteq A$  and  $W \subseteq B$ ,  $(v, w) \in U$  if and only if  $v \in V$ ,  $w \in W$ ;
  - **entangled states** are subsets that aren't of this form.

# I. Monoidal categories

In many theories, the systems  $A \otimes B$  and  $B \otimes A$  can be considered essentially equivalent. Developing this idea gives rise to *braided* and *symmetric* monoidal categories.

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satisfying the following *hexagon equations*:

$$\begin{array}{ccc}
 A \otimes (B \otimes C) & \xrightarrow{\sigma_{A,B \otimes C}} & (B \otimes C) \otimes A \\
 \downarrow \alpha_{A,B,C}^{-1} & & \uparrow \alpha_{B,C,A}^{-1} \\
 (A \otimes B) \otimes C & & B \otimes (C \otimes A) \\
 \downarrow \sigma_{A,B} \otimes \text{id}_C & & \uparrow \text{id}_B \otimes \sigma_{A,C} \\
 (B \otimes A) \otimes C & \xrightarrow{\alpha_{B,A,C}} & B \otimes (A \otimes C)
 \end{array}
 \qquad
 \begin{array}{ccc}
 (A \otimes B) \otimes C & \xrightarrow{\sigma_{A \otimes B, C}} & C \otimes (A \otimes B) \\
 \downarrow \alpha_{A,B,C} & & \uparrow \alpha_{C,A,B} \\
 A \otimes (B \otimes C) & & (C \otimes A) \otimes B \\
 \downarrow \text{id}_A \otimes \sigma_{B,C} & & \uparrow \sigma_{A,C} \otimes \text{id}_B \\
 A \otimes (C \otimes B) & \xrightarrow{\alpha_{A,C,B}^{-1}} & (A \otimes C) \otimes B
 \end{array}$$

# I. Monoidal categories

We include the braiding in our graphical notation like this:

$$A \otimes B \xrightarrow{\sigma_{A,B}} B \otimes A$$


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We include the braiding in our graphical notation like this:

$$\begin{array}{c}
 \text{Diagram of a crossing: the left strand crosses over the right strand.} \\
 A \otimes B \xrightarrow{\sigma_{A,B}} B \otimes A
 \end{array}$$

$$\begin{array}{c}
 \text{Diagram of a crossing: the right strand crosses over the left strand.} \\
 B \otimes A \xrightarrow{\sigma_{A,B}^{-1}} A \otimes B
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The strands of a braiding cross over each other, so the diagrams are not planar; they are inherently 3-dimensional.



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We include the braiding in our graphical notation like this:

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 \begin{array}{c} \text{Diagram of } \sigma_{A,B} \\ \text{Two strands crossing, left over right} \end{array} & & \begin{array}{c} \text{Diagram of } \sigma_{A,B}^{-1} \\ \text{Two strands crossing, right over left} \end{array} \\
 A \otimes B \xrightarrow{\sigma_{A,B}} B \otimes A & & B \otimes A \xrightarrow{\sigma_{A,B}^{-1}} A \otimes B
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Invertibility takes the following graphical form:

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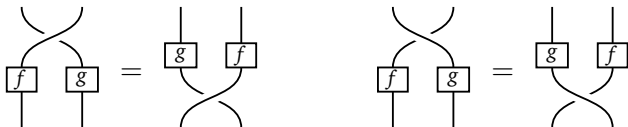
# I. Monoidal categories

Naturality has the following graphical representation:

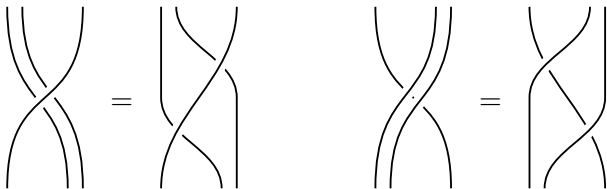


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The hexagon equations look like this:



So braiding with a tensor product of two objects is the same as braiding with one then the other separately.

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Braided monoidal categories have a sound and complete graphical calculus, as established by the following theorem.

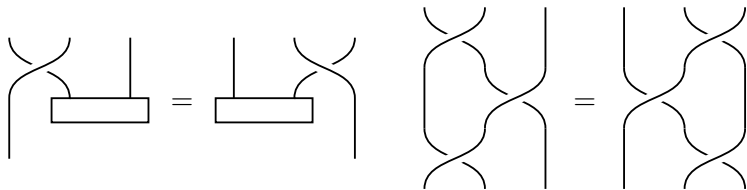
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The coherence theorem is very powerful. For example, the following equations hold:

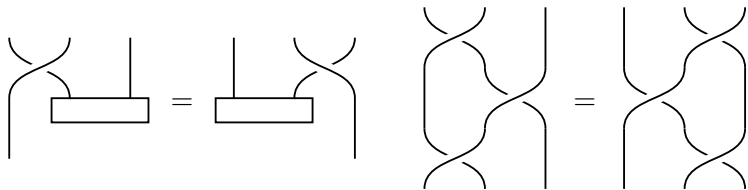


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The second equation is called the *Yang–Baxter equation*, which plays an important role in the mathematical theory of knots.

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- In **Hilb**,  $H \otimes K \xrightarrow{\sigma_{H,K}} K \otimes H$  is the unique linear map extending  $a \otimes b \mapsto b \otimes a$  for all  $a \in H$  and  $b \in K$ .



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**Lemma 21.** In a symmetric monoidal category  $\sigma_{A,B} = \sigma_{B,A}^{-1}$ , with the following graphical representation:

# Part II

## Higher categories

## II. Higher categories

**Definition 8.1.** A 2-category  $\mathbf{C}$  consists of the following data:



## II. Higher categories

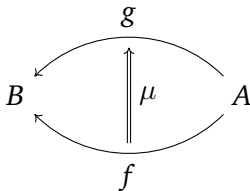
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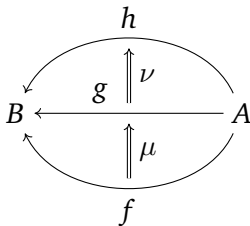
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- a collection  $\text{Ob}(\mathbf{C})$  of *objects*;
- for any two objects  $A, B$ , a category  $\mathbf{C}(A, B)$ , with objects called *1-morphisms* drawn as  $A \xrightarrow{f} B$ , and morphisms  $\mu$  called *2-morphisms* drawn as  $f \xrightarrow{\mu} g$ , or in full form as follows:



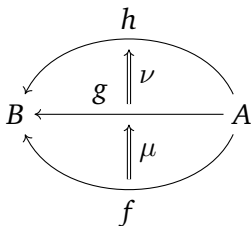
## II. Higher categories

- for 2-morphisms  $f \xRightarrow{\mu} g$  and  $g \xRightarrow{\nu} h$ , an operation called *vertical composition* given by their composite as morphisms in  $\mathbf{C}(A, B)$ :



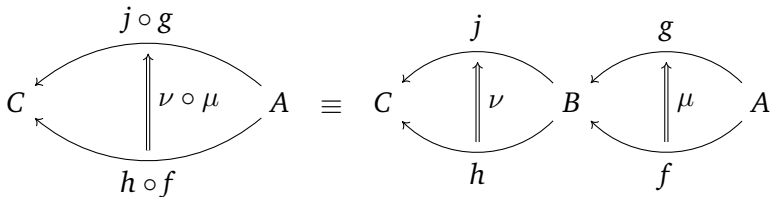
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- for any triple of objects  $A, B, C$  a *horizontal composition* functor:

$$\circ : \mathbf{C}(A, B) \times \mathbf{C}(B, C) \rightarrow \mathbf{C}(A, C)$$



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A 2-category is *strict* just when every  $\lambda_f$ ,  $\rho_f$ ,  $\alpha_{h,g,f}$  is an identity.

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Unit object	Identity 1-morphism

The transformations  $\alpha$ ,  $\lambda$  and  $\rho$  are the same for both structures.

## II. Higher categories

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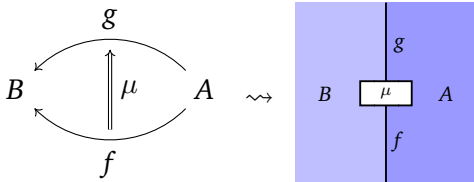
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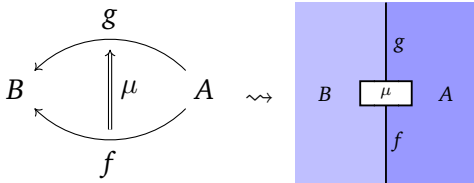
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In this more general graphical calculus, objects are represented by regions, 1-morphisms by vertically-oriented lines, and 2-morphisms by vertices:



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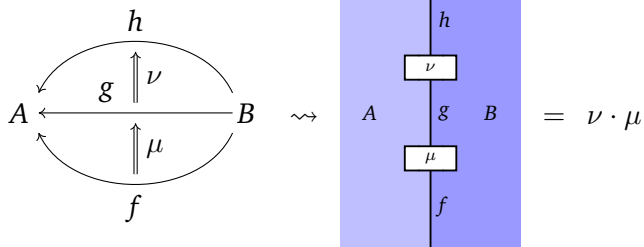
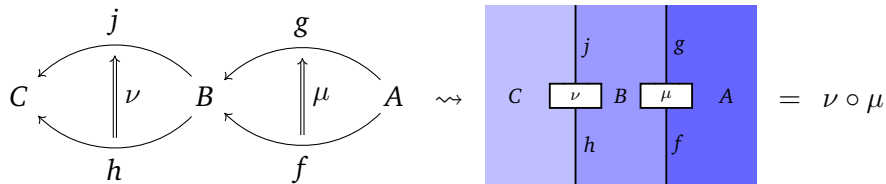
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The graphical calculus is the *dual* of the pasting diagram notation.

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Horizontal and vertical composition is represented like this:



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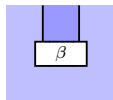
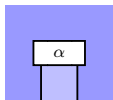
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If we have only a single object  $A$ , which we may as well denote by a region coloured white, then the graphical calculus is identical to that of a monoidal category.

## II. Higher categories

We can use the graphical calculus to define equivalence.

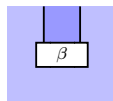
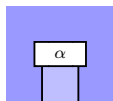
**Definition.** In a 2-category, an *equivalence* is a pair of 1-morphisms  $A \xrightarrow{F} B$  and  $B \xrightarrow{G} A$ , and 2-morphisms  $G \circ F \xrightarrow{\alpha} \text{id}_A$  and  $\text{id}_B \xrightarrow{\beta} F \circ G$ :



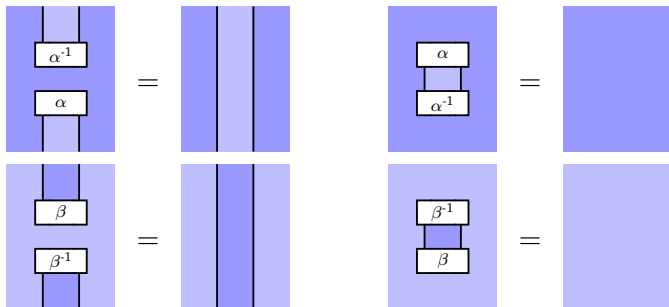
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They must satisfy the following equations:





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**Definition.** In a 2-category, a 1-morphism  $A \xrightarrow{L} B$  has a *right dual*  $B \xrightarrow{R} A$  when there are 2-morphisms  $G \circ F \xrightarrow{\alpha} \text{id}_A$  and  $\text{id}_B \xrightarrow{\beta} F \circ G$



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**Theorem.** In  $\mathbf{Cat}$ , a duality  $F \dashv G$  is exactly an adjunction  $F \dashv G$  between  $F$  and  $G$  as functors.

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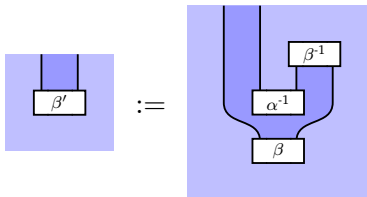
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**Proof.** Suppose we have an equivalence in a 2-category, witnessed by invertible 2-morphisms  $\alpha$  and  $\beta$ . Then we will build a new equivalence witnessed by  $\alpha$  and  $\beta'$ , with  $\beta'$  defined like this:

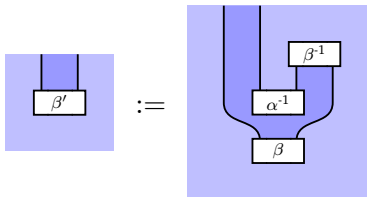


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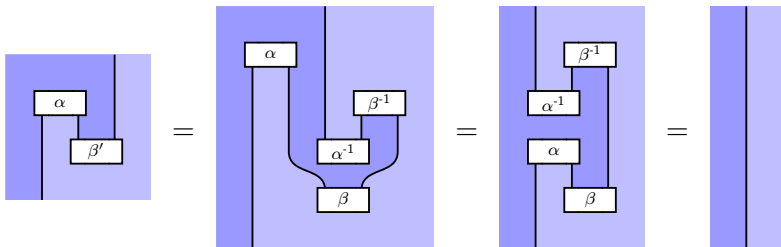


Since  $\alpha'$  is composed from invertible 2-morphisms it must itself be invertible, and so it is clear that  $\alpha'$  and  $\beta$  still give an equivalence.

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We now demonstrate that the adjunction equations are satisfied.

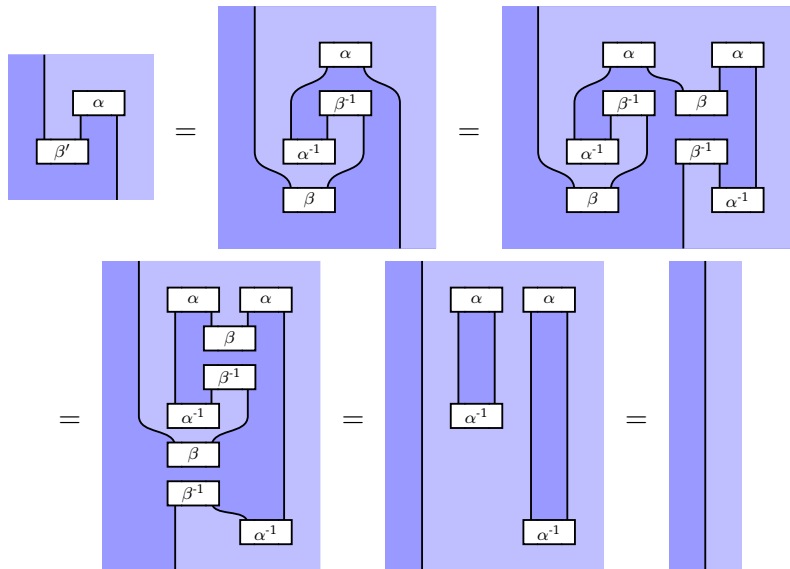
The first adjunction equation takes following form:





## II. Higher categories

The second is demonstrated as follows:



## II. Higher categories

Since monoidal categories are just 2-categories with one object, we immediately have the following corollary.

**Corollary.** In a monoidal category, if  $A \otimes B \simeq B \otimes A \simeq I$ , then  $A \dashv B$  and  $B \dashv A$ .

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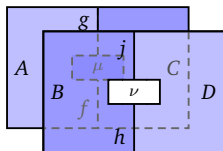
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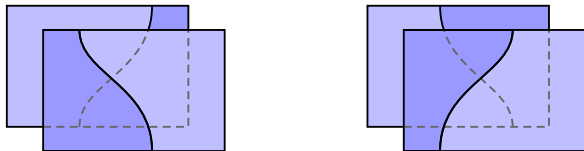
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**Tensor product.** Given 2-morphisms  $f \xrightarrow{\mu} g$  and  $h \xrightarrow{\nu} j$ , the their *tensor product* 2-morphism  $\mu \boxtimes \nu$  is given like this:



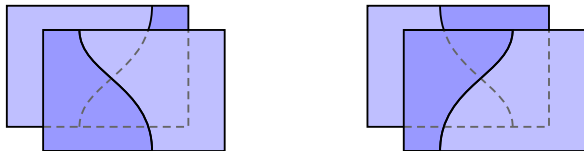
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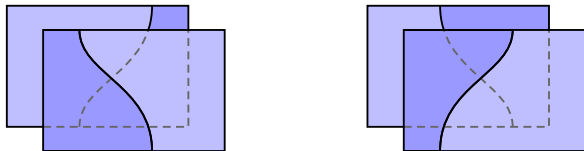


This process itself gives a 2-morphism, which is called an *interchanger*. These two interchangers are inverse to each other.



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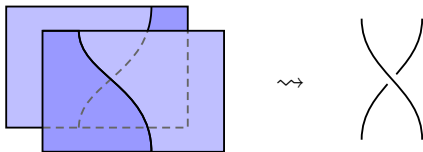


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**Unit object.** A monoidal 2-category has a *unit object*  $I$ , represented by a 'blank' region.

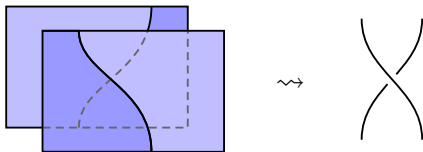
## II. Higher categories

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We obtain the graphical representation of a *braiding*.

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**Conjecture.** *A symmetric monoidal category is a 4-category with one object, one 1-morphism and one 2-morphism.*

The emerging pattern here is called the *periodic table*, and was predicted by Baez and Dolan in 1995.

# Part III

## Coherence

### III. Coherence

Some monoidal categories have a particularly simple structure.

**Definition 22.** A monoidal category is *strict* if the morphisms  $\alpha_{A,B,C}$ ,  $\lambda_A$  and  $\rho_A$  are all identities.

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This seems like a very useful thing. *But beware!* This is not enough:

$$(A \otimes B) \otimes C = A \otimes (B \otimes C) \qquad I \otimes A = A = A \otimes I$$

In particular, it does not ensure that  $(f \otimes g) \otimes h = f \otimes (g \otimes h)$ .

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**Definition 24.** A category is *skeletal* when any two isomorphic objects are equal.

**Theorem.** Not every monoidal category is monoidally equivalent to a strict monoidal skeletal category.

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**Definition 27.** A *monoidal functor*  $F: \mathbf{C} \rightarrow \mathbf{D}$  between monoidal categories is a functor equipped with natural isomorphisms

$$(F_2)_{A,B}: F(A) \otimes F(B) \rightarrow F(A \otimes B)$$

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making the following diagrams commute:

$$\begin{array}{ccc}
 (F(A) \otimes F(B)) \otimes F(C) & \xrightarrow{\alpha_{F(A),F(B),F(C)}} & F(A) \otimes (F(B) \otimes F(C)) \\
 (F_2)_{A,B} \otimes \text{id}_{F(C)} \downarrow & & \downarrow \text{id}_{F(A)} \otimes (F_2)_{B,C} \\
 F(A \otimes B) \otimes F(C) & & F(A) \otimes F(B \otimes C) \\
 (F_2)_{A \otimes B, C} \downarrow & & \downarrow (F_2)_{A, B \otimes C} \\
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 F(A) \otimes I & \xrightarrow{\rho_{F(A)}} & F(A) & & I \otimes F(A) & \xrightarrow{\lambda_{F(A)}} & F(A) \\
 \text{id}_{F(A)} \otimes F_0 \downarrow & & F(\rho_A^{-1}) \downarrow & & \downarrow F_0 \otimes \text{id}_{F(A)} & & \downarrow F(\lambda_A^{-1}) \\
 F(A) \otimes F(I) & \xrightarrow{(F_2)_{A,I}} & F(A \otimes I) & & F(I) \otimes F(A) & \xrightarrow{(F_2)_{I,A}} & F(I \otimes A)
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 (R_2)_{m,n} &: |i\rangle \otimes |j\rangle \mapsto |ni + j\rangle \\
 R_0 &: 1 \mapsto 1
 \end{aligned}$$

This is full, faithful and essentially surjective, and satisfies the monoidal functor conditions. □



### III. Coherence

We now prove the strictification theorem.

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**Proof sketch.** Let  $\mathbf{C}$  be a monoidal category, and define  $\mathbf{D}$  like this:

- an object is  $F: \mathbf{C} \rightarrow \mathbf{C}$  equipped with a natural isomorphism

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- a morphism  $(F, \gamma) \rightarrow (F', \gamma')$  is  $\theta: F \Rightarrow F'$  such that:

$$\begin{array}{ccc} F(A) \otimes B & \xrightarrow{\gamma_{A,B}} & F(A \otimes B) \\ \theta_A \otimes \text{id}_B \downarrow & & \downarrow \theta_{A \otimes B} \\ F'(A) \otimes B & \xrightarrow{\gamma'_{A,B}} & F'(A \otimes B) \end{array}$$

### III. Coherence

#### Proof sketch (continued).

- the tensor product is  $(F, \gamma) \otimes (F', \gamma') := (F \circ F', \delta)$ , where  $\delta$  is

$$F(F'(A)) \otimes B \xrightarrow{\gamma_{F'(A), B}} F(F'(A) \otimes B) \xrightarrow{F(\gamma'_{A, B})} F(F'(A \otimes B)).$$

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We can then calculate these products:

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They are equal, and indeed the category is strict monoidal.

Now build a monoidal functor  $L: \mathbf{C} \rightarrow \mathbf{D}$  in the following way:

$$L(A) := (A \otimes -, \alpha_{A, -, -})$$

You can show that  $L$  is full and faithful.

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You can show that  $L$  is full and faithful.

Finally, restrict  $\mathbf{D}$  to the strict monoidal subcategory containing objects isomorphic to those in the image of  $L$ . Then  $L$  is a monoidal equivalence of  $\mathbf{C}$  with a strict monoidal category. □



### III. Coherence

The final topic in this chapter is *coherence*: any well-formed equation built from  $\alpha$ ,  $\alpha^{-1}$ ,  $\lambda$ ,  $\lambda^{-1}$ ,  $\rho$ ,  $\rho^{-1}$ ,  $\text{id}$ ,  $\otimes$  and  $\circ$  holds.

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An equation is *well-formed* when it does not make use of any ‘accidental equalities’ of objects. For example, suppose that  $(A \otimes A) \otimes A = A \otimes (A \otimes A) = A$ . Then

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To make this precise, let a *bracketing* be a fixed way to bracket a list of objects of a given length, including empty brackets. For example, we could define the following bracketings  $\nu$ ,  $w$ :

$$\nu(A, B, C, D) = ((A \otimes B) \otimes ()) \otimes (C \otimes D)$$

$$w(A, B, C, D) = ((() \otimes (A \otimes (B \otimes C))) \otimes (() \otimes (() \otimes D)))$$

Then we can consider transformations of bracketings  $\theta, \theta' : \nu \Rightarrow \mu$ .

### III. Coherence

We now give a proof of the coherence theorem.

**Theorem 30.** Let  $v, w$  be bracketings; then any two transformations  $\theta, \theta' : v \Rightarrow w$  built from  $\alpha, \alpha^{-1}, \lambda, \lambda^{-1}, \rho, \rho^{-1}, \text{id}, \otimes$ , and  $\circ$  are equal.

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**Proof.** We can define a canonical morphism

$$v(L(A), \dots, L(Z)) \xrightarrow{L_v} L(v(A, \dots, Z))$$

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Then the following diagram commutes, for both  $\theta$  and  $\theta'$ :

$$\begin{array}{ccc}
 v(L(A), \dots, L(Z)) & \xrightarrow{\theta_{(L(A), \dots, L(Z))}} & w(L(A), \dots, L(Z)) \\
 L_v^{-1} \uparrow & & \downarrow L_w \\
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But  $\theta_{(L(A), \dots, L(Z))} = \theta'_{(L(A), \dots, L(Z))} = \text{id}$ ! So  $L(\theta_{(A, \dots, Z)}) = L(\theta'_{(A, \dots, Z)})$ , and hence  $\theta_{(A, \dots, Z)} = \theta'_{(A, \dots, Z)}$ , since  $L$  is faithful.  $\square$

# Part IV

## Duals in monoidal categories



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$$\begin{array}{ccccc}
 L & \xrightarrow{\rho_L^{-1}} & L \otimes I & \xrightarrow{\text{id}_L \otimes \eta} & L \otimes (R \otimes L) \\
 \text{id}_L \downarrow & & & & \downarrow \alpha_{L,R,L}^{-1} \\
 L & \xleftarrow{\lambda_L} & I \otimes L & \xleftarrow{\varepsilon \otimes \text{id}_L} & (L \otimes R) \otimes L \\
 R & \xrightarrow{\lambda_R^{-1}} & I \otimes R & \xrightarrow{\eta \otimes \text{id}_R} & (R \otimes L) \otimes R \\
 \text{id}_R \downarrow & & & & \downarrow \alpha_{R,L,R} \\
 R & \xleftarrow{\rho_R} & R \otimes I & \xleftarrow{\text{id}_R \otimes \varepsilon} & R \otimes (L \otimes R)
 \end{array}$$

## IV. Duals in monoidal categories

We draw an object  $L$  as a wire with an upward-pointing arrow, and a right dual  $R$  as a wire with a downward-pointing arrow.





## IV. Duals in monoidal categories

The monoidal category **FHilb** has all duals. Every finite-dimensional Hilbert space  $H$  is both right dual and left dual to its dual Hilbert space  $H^*$ , in a canonical way.

Of course, this is the origin of the terminology.



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Of course, this is the origin of the terminology.

The counit  $H \otimes H^* \xrightarrow{\varepsilon} \mathbb{C}$  is defined like this:

$$\varepsilon: |\phi\rangle \otimes \langle\psi| \mapsto \langle\psi|\phi\rangle$$

The unit  $\mathbb{C} \xrightarrow{\eta} H^* \otimes H$  is defined like so, for any orthonormal basis  $|i\rangle$ :

$$\eta: 1 \mapsto \sum_i \langle i| \otimes |i\rangle$$

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These definitions sit together rather oddly:  $\eta$  seems basis-dependent, while  $\varepsilon$  is clearly not.

In fact the same value of  $\eta$  is obtained whatever orthonormal basis is used, as we will see below.

Infinite-dimensional spaces do not have duals.

## IV. Duals in monoidal categories

In **Rel**, every object is its own dual, even sets of infinite cardinality.

The unit  $1 \xrightarrow{\eta} S \times S$  and counit  $S \times S \xrightarrow{\varepsilon} 1$  can be defined like this:

- $\sim_{\eta} (s, s)$  for all  $s \in S$
- $(s, s) \sim_{\varepsilon} \bullet$  for all  $s \in S$

## IV. Duals in monoidal categories

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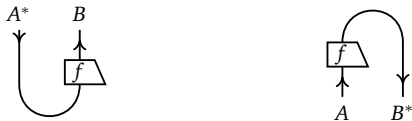
In **Mat** <sub>$\mathbb{C}$</sub> , every object  $n$  is its own dual, with a canonical choice of  $\eta$  and  $\varepsilon$  given as follows:

$$\eta : 1 \mapsto \sum_i |i\rangle \otimes |i\rangle \qquad \varepsilon : |i\rangle \otimes |j\rangle \mapsto \delta_{ij} 1$$

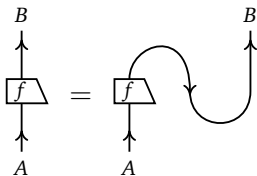
## IV. Duals in monoidal categories

The category **Set** only has duals for sets of size 1. Let's see why.

**Definition 32.** In a monoidal category with dualities  $A \dashv A^*$  and  $B \dashv B^*$ , given a morphism  $A \xrightarrow{f} B$ , we define its *name*  $I \xrightarrow{\lrcorner f \lrcorner} A^* \otimes B$  and *coname*  $A \otimes B^* \xrightarrow{\llcorner f \lrcorner} I$  as the following morphisms:



Morphisms can be recovered from their names or conames:



In **Set** 1 is terminal, and so all conames  $A \otimes B^* \xrightarrow{\llcorner f \lrcorner} 1$  must be equal. If **Set** had duals this would imply all functions  $A \rightarrow B$  were equal.

## IV. Duals in monoidal categories

We first show duals are well-defined up to canonical isomorphism.

**Lemma 33.** In a monoidal category with  $L \dashv R$ , then  $L \dashv R'$  if and only if  $R \simeq R'$ . Similarly, if  $L \dashv R$ , then  $L' \dashv R$  if and only if  $L \simeq L'$ .

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**Proof.** If  $L \dashv R$  and  $L \dashv R'$ , define maps  $R \rightarrow R'$  and  $R' \rightarrow R$  as follows:



The snake equations imply that these are inverse.

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**Proof.** If  $L \dashv R$  and  $L \dashv R'$ , define maps  $R \rightarrow R'$  and  $R' \rightarrow R$  as follows:



The snake equations imply that these are inverse. Conversely, if  $L \dashv R$  and  $R \xrightarrow{f} R'$  is invertible, we can construct a duality  $L \dashv R'$ :





## IV. Duals in monoidal categories

Given a duality, the unit determines the counit, and vice-versa.

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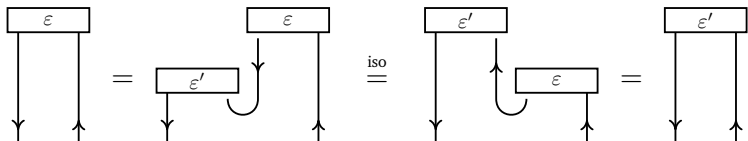
**Lemma 34.** In a monoidal category, if  $(L, R, \eta, \varepsilon)$  and  $(L, R, \eta, \varepsilon')$  both exhibit a duality, then  $\varepsilon = \varepsilon'$ . Similarly, if  $(L, R, \eta, \varepsilon)$  and  $(L, R, \eta', \varepsilon)$  both exhibit a duality, then  $\eta = \eta'$ .

## IV. Duals in monoidal categories

Given a duality, the unit determines the counit, and vice-versa.

**Lemma 34.** In a monoidal category, if  $(L, R, \eta, \varepsilon)$  and  $(L, R, \eta, \varepsilon')$  both exhibit a duality, then  $\varepsilon = \varepsilon'$ . Similarly, if  $(L, R, \eta, \varepsilon)$  and  $(L, R, \eta', \varepsilon)$  both exhibit a duality, then  $\eta = \eta'$ .

**Proof.** For the first case, we use the following graphical argument.



The second case is similar.

## IV. Duals in monoidal categories

The following lemma shows that dual objects interact well with the monoidal structure.

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**Lemma 35.** In a monoidal category,  $I \dashv I$ .

**Proof.** Taking  $\eta = \lambda_I^{-1}: I \rightarrow I \otimes I$  and  $\varepsilon = \lambda_I: I \otimes I \rightarrow I$  shows that  $I \dashv I$ . The snake equations follow from the coherence theorem.  $\square$

## IV. Duals in monoidal categories

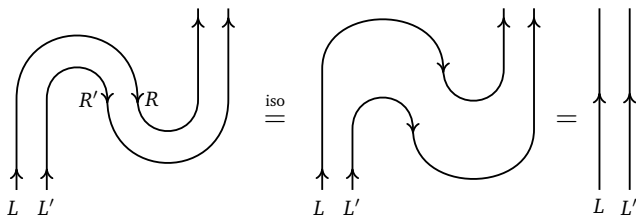
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**Lemma 36.** In a monoidal category,  $L \dashv R, L' \dashv R' \Rightarrow L \otimes L' \dashv R' \otimes R$ .

**Proof.** Suppose that  $L \dashv R$  and  $L' \dashv R'$ . We make the new unit and counit maps from the old ones, and compute as follows:



The other snake equation follows similarly.  $\square$

## IV. Duals in monoidal categories

If the monoidal category has a braiding then a duality  $L \dashv R$  gives rise to a duality  $R \dashv L$ , as the next lemma investigates.

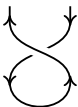
**Lemma 37.** In a braided monoidal category,  $L \dashv R \Rightarrow R \dashv L$ .

## IV. Duals in monoidal categories


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**Lemma 37.** In a braided monoidal category,  $L \dashv R \Rightarrow R \dashv L$ .

**Proof.** Construct a new duality as follows:



$$I \xrightarrow{\eta'} L \otimes R$$



$$R \otimes L \xrightarrow{\varepsilon'} I$$



## IV. Duals in monoidal categories

If the monoidal category has a braiding then a duality  $L \dashv R$  gives rise to a duality  $R \dashv L$ , as the next lemma investigates.

**Lemma 37.** In a braided monoidal category,  $L \dashv R \Rightarrow R \dashv L$ .

**Proof.** Construct a new duality as follows:

$$\begin{array}{ccc}
 \begin{array}{c} \text{Diagram 1: A vertical line with two upward-pointing arrows at the top, forming a loop that crosses itself. Below it is the text } I \xrightarrow{\eta'} L \otimes R \end{array} & & \begin{array}{c} \text{Diagram 2: A vertical line with two downward-pointing arrows at the bottom, forming a loop that crosses itself. Below it is the text } R \otimes L \xrightarrow{\varepsilon'} I \end{array}
 \end{array}$$

We can then test the snake equations:

$$\begin{array}{c} \text{Diagram 3: A vertical line with two upward-pointing arrows at the top, forming a loop that crosses itself. Below it is the text } I \xrightarrow{\eta'} L \otimes R \end{array} = \begin{array}{c} \text{Diagram 4: A vertical line with two upward-pointing arrows at the top, forming a loop that crosses itself. Below it is the text } R \otimes L \xrightarrow{\varepsilon'} I \end{array} = \begin{array}{c} \text{Diagram 5: A vertical line with two upward-pointing arrows at the top. Below it is the text } I \end{array}$$

The other snake equation can be proved in a similar way. □

## IV. Duals in monoidal categories

Next we will prove some nice theorems showing the relationship between duals and monoidal functors.

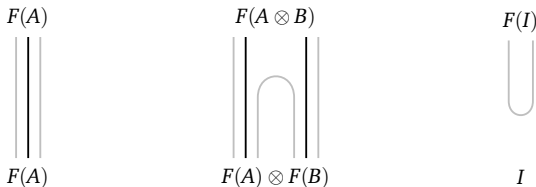
To understand them, we will need to develop a graphical calculus for monoidal functors.

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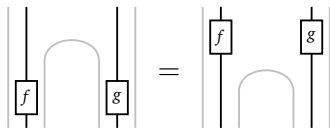
We depict a monoidal functor  $F: \mathbf{C} \rightarrow \mathbf{D}$  and the isomorphisms  $(F_2)_{A,B}: F(A) \otimes F(B) \rightarrow F(A \otimes B)$  and  $F_0: I \rightarrow F(I)$  like this:



## IV. Duals in monoidal categories

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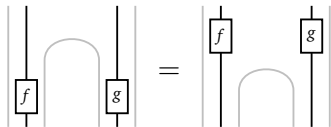
Naturality means that morphisms can pass through the gaps:



## IV. Duals in monoidal categories

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The coherence equations look like this:



They have a nice topological flavour.

## IV. Duals in monoidal categories

Let's prove our first theorem using these techniques.

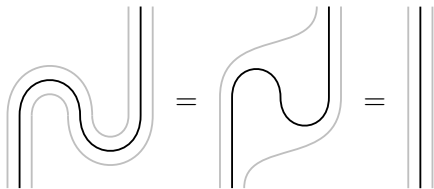
**Theorem 38.** Monoidal functors preserve duals.

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**Theorem 38.** Monoidal functors preserve duals.

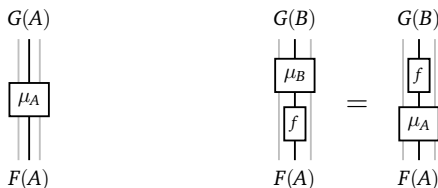
**Proof.** If we apply our monoidal functor to the unit and counit, we can show that the duality equations are still satisfied:



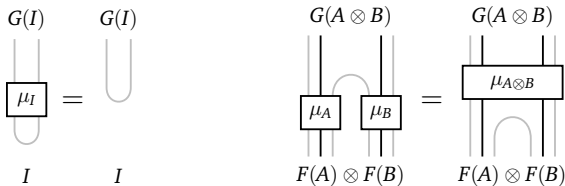
The other duality equation can be proved in a similar way. □

## IV. Duals in monoidal categories

Given two functors  $F, G : \mathbf{C} \rightarrow \mathbf{D}$  and a natural transformation  $\mu : F \Rightarrow G$ , we can denote it like this:



If  $\mathbf{C}$ ,  $\mathbf{D}$ ,  $F$ ,  $G$  and  $\mu$  are monoidal, then we have following extra properties:

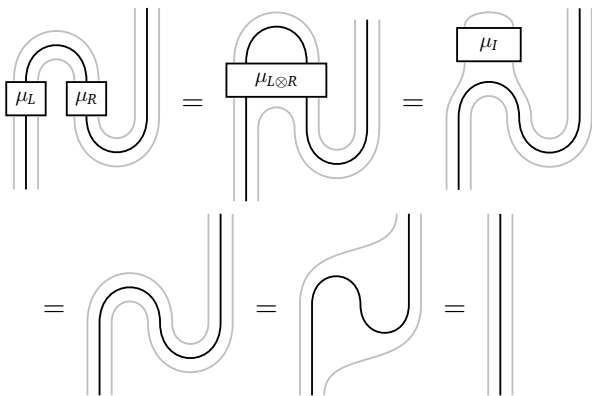




## IV. Duals in monoidal categories

**Theorem 39.** Let  $\mu: F \Rightarrow G$  be a monoidal natural transformation. If  $A \in \text{Ob}(\mathbf{C})$  has a left or a right dual,  $F(A) \xrightarrow{\mu_A} G(A)$  is invertible.

**Proof.** Choose  $A = L$  with  $L \dashv R$  in  $\mathbf{C}$ . Then we perform the following computation:



The rest of the proof uses similar techniques.



## IV. Duals in monoidal categories

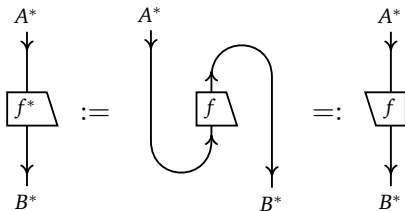
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Choosing duals for objects extends functorially to morphisms.

## IV. Duals in monoidal categories

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**Definition 40.** For a morphism  $A \xrightarrow{f} B$  and chosen dualities  $A \dashv A^*$ ,  $B \dashv B^*$ , the *right dual*  $B^* \xrightarrow{f^*} A^*$  is defined in the following way:



We represent this graphically by rotating the box representing  $f$ , as shown in the third image above.

## IV. Duals in monoidal categories

The dual can 'slide' along the unit and counit.

**Lemma 41.** In a monoidal category with chosen dualities  $A \dashv A^*$  and  $B \dashv B^*$ , the following equations hold for all morphisms  $A \xrightarrow{f} B$ :

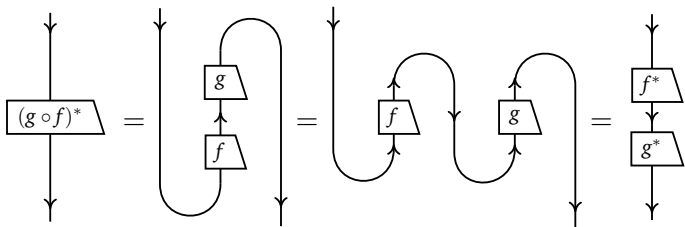
The image shows two equations of string diagrams. The first equation shows a box labeled 'f' with a trapezoidal shape, where the top edge is longer than the bottom edge. It has an upward arrow on the left and a downward arrow on the right. A curved arrow starts from the top right and ends at the top left. This is equal to the same box rotated 180 degrees, where the bottom edge is longer than the top edge, with a downward arrow on the left and an upward arrow on the right, and a curved arrow starting from the bottom right and ending at the bottom left. The second equation shows a box labeled 'f' with a trapezoidal shape, where the top edge is longer than the bottom edge. It has an upward arrow on the left and a downward arrow on the right. A curved arrow starts from the top left and ends at the bottom left. This is equal to the same box rotated 180 degrees, where the bottom edge is longer than the top edge, with a downward arrow on the left and an upward arrow on the right, and a curved arrow starting from the bottom right and ending at the top right.

**Proof.** Let's write it out on the board. □

## IV. Duals in monoidal categories

**Lemma 42.** If a monoidal category has assigned right duals, the right-duals construction  $(-)^*$  defines a functor.

**Proof.** Let  $A \xrightarrow{f} B$  and  $B \xrightarrow{g} C$ . Then we perform the following calculation:



Similarly,  $(\text{id}_A)^* = \text{id}_{A^*}$  follows from the snake equations. □

## IV. Duals in monoidal categories

**Example 43.** Let's see how the right duals functor acts for our example categories, with chosen right duals as given earlier.

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- In **FVect** and **FHilb**, the right dual of a morphism  $V \xrightarrow{f} W$  is  $W^* \xrightarrow{f^*} V^*$ , acting as  $f^*(e) := e \circ f$ , where  $W \xrightarrow{e} \mathbb{C}$  is an arbitrary element of  $W^*$ .

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- In  $\mathbf{Mat}_{\mathbb{C}}$ , the dual of a matrix is its transpose.



## IV. Duals in monoidal categories

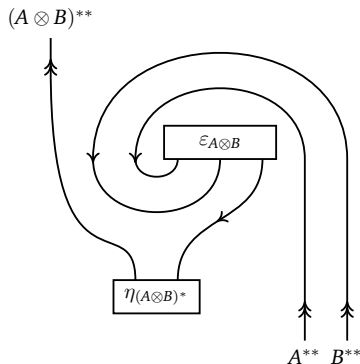
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- In **Mat $_{\mathbb{C}}$** , the dual of a matrix is its transpose.
- In **Rel**, the dual of a relation is its converse. So the right duals functor and the dagger functor have the same action:  $R^* = R^\dagger$  for all relations  $R$ .

## IV. Duals in monoidal categories

**Lemma 44.** For a monoidal category with chosen right duals for objects, the double duals functor  $(-)^{**} : \mathbf{C} \rightarrow \mathbf{C}$  is monoidal.

**Proof.** The isomorphism  $A^{**} \otimes B^{**} \simeq (A \otimes B)^{**}$  looks like this:



Showing this satisfies the monoidal functor axioms is a monster!  $\square$

## IV. Duals in monoidal categories

**Definition 45.** A monoidal category with right duals is *pivotal* when it is equipped with a monoidal natural transformation  $A \xrightarrow{P_A} A^{**}$ .

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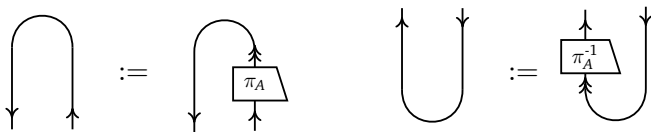
By Theorem 39, this will necessarily be invertible.

## IV. Duals in monoidal categories

**Definition 45.** A monoidal category with right duals is *pivotal* when it is equipped with a monoidal natural transformation  $A \xrightarrow{P_A} A^{**}$ .

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In a pivotal category, we extend the graphical calculus:



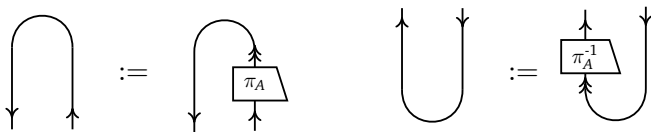
We can use this to rotate boxes arbitrarily.

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We can use this to rotate boxes arbitrarily.

**Lemma.** In a pivotal category, the following equations hold for all morphisms  $A \xrightarrow{f} B$ :



**Proof.** Let's write it out on the board. □

## IV. Duals in monoidal categories

We can formalize this as follows.

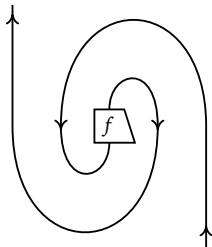
**Theorem 46.** A well-formed equation between morphisms in a pivotal category follows from the axioms if and only if it holds in the graphical language up to planar oriented isotopy.

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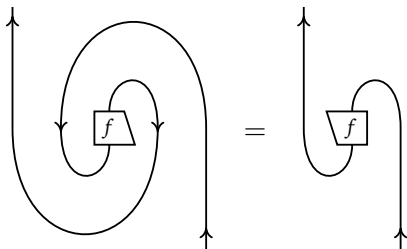


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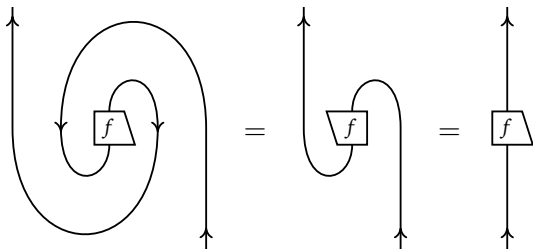


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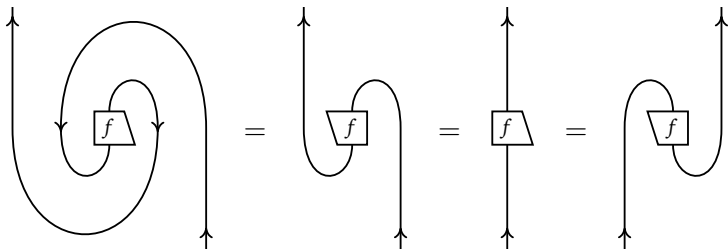


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## IV. Duals in monoidal categories

**Definition 47.** A braided monoidal category is *balanced* when it is equipped with a natural isomorphism  $\theta_A: A \rightarrow A$  called a *twist*, satisfying the following equations:

The diagram shows two equations defining the twist morphism  $\theta$ .

The first equation is:  $\theta_{A \otimes B}$  (represented by a trapezoidal box on two parallel vertical lines) is equal to  $\theta_A$  and  $\theta_B$  (represented by two trapezoidal boxes on two lines that cross each other in a full twist).

The second equation is:  $\theta_I$  (represented by a trapezoidal box on a single vertical line) is equal to an empty box on a single vertical line.

The second equation here says  $\theta_I = \text{id}_I$ .

## IV. Duals in monoidal categories

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The diagram consists of two equations. The first equation shows a box labeled  $\theta_{A \otimes B}$  on two parallel strands, followed by an equals sign, and then a crossing of two strands with boxes labeled  $\theta_A$  and  $\theta_B$  on the top strands. The second equation shows a box labeled  $\theta_I$  on a single strand, followed by an equals sign, and then an empty space.

The second equation here says  $\theta_I = \text{id}_I$ .

These equations look strange—we will see later what they mean!

## IV. Duals in monoidal categories

**Theorem 48.** For a braided monoidal category with duals, a pivotal structure uniquely induces a twist structure, and vice versa.

## IV. Duals in monoidal categories

**Theorem 48.** For a braided monoidal category with duals, a pivotal structure uniquely induces a twist structure, and vice versa.

**Proof.** Suppose we have a twist structure  $\theta_A : A \rightarrow A$ . Then define a pivotal structure as follows:

The diagram shows an equality between two morphisms from  $A$  to  $A^{**}$ . On the left, a vertical arrow labeled  $A$  at the bottom passes through a trapezoidal box labeled  $\pi_A$ , and continues as a vertical arrow labeled  $A^{**}$  at the top. On the right, a vertical arrow labeled  $A$  at the bottom passes through a trapezoidal box labeled  $\theta_A^{-1}$ . From the top of this box, a curved arrow loops back to the right and then up, ending at the vertical arrow labeled  $A^{**}$ . A label  $A^*$  is placed next to the loop. The two sides are separated by a colon followed by an equals sign ( $:=$ ).

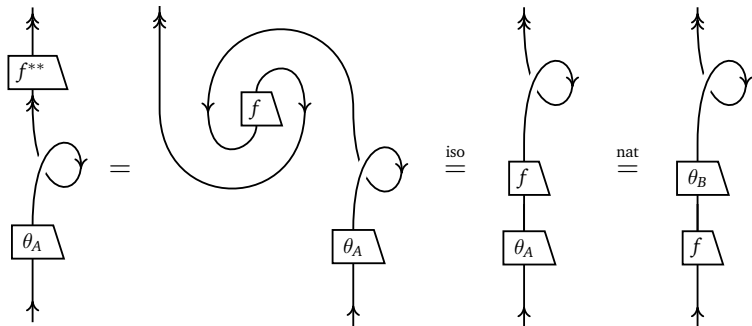
We must verify that it is a monoidal natural transformation, and that it is natural.





## IV. Duals in monoidal categories

To check naturality, we perform the following calculation:



Conversely, we can use a pivotal structure to define a twist. □

## IV. Duals in monoidal categories

A symmetric monoidal category with duals has a canonical twist.

**Definition 49.** A *compact category* is a pivotal symmetric monoidal category with duals where the canonical twist is the identity

$$\theta_A = \text{id}_A.$$

## IV. Duals in monoidal categories

A symmetric monoidal category with duals has a canonical twist.

**Definition 49.** A *compact category* is a pivotal symmetric monoidal category with duals where the canonical twist is the identity  $\theta_A = \text{id}_A$ .

Our example categories **FHilb**, **FVect** and **Rel** are all compact categories.

## IV. Duals in monoidal categories

A symmetric monoidal category with duals has a canonical twist.

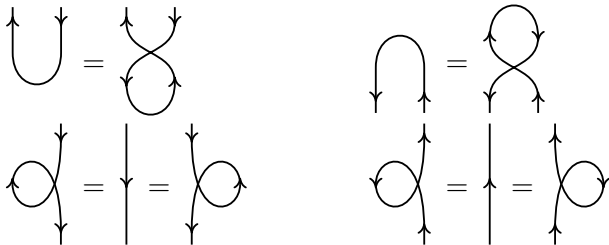
**Definition 49.** A *compact category* is a pivotal symmetric monoidal category with duals where the canonical twist is the identity  $\theta_A = \text{id}_A$ .

Our example categories **FHilb**, **FVect** and **Rel** are all compact categories.

Note that *in general*, other balancings may exist: that is, it is possible for a symmetric monoidal category with duals and a twist *not* to be a compact category.

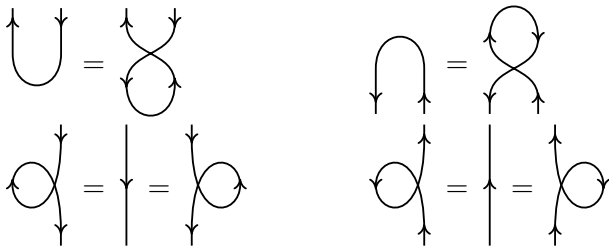
## IV. Duals in monoidal categories

**Lemma 50.** In a compact category, the following equations hold:

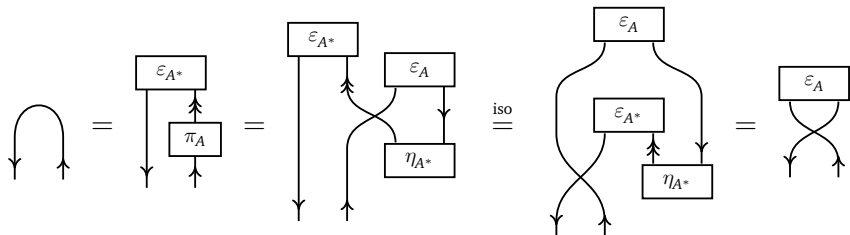


## IV. Duals in monoidal categories

**Lemma 50.** In a compact category, the following equations hold:



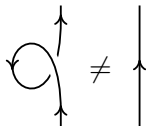
**Proof.** Let's prove the second equation in the top row:



The others can be proved in a similar way. □

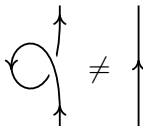
## IV. Duals in monoidal categories

In a braided pivotal category, we must be careful with loops:



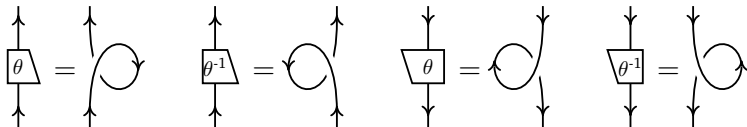
## IV. Duals in monoidal categories

In a braided pivotal category, we must be careful with loops:



In fact, a loop on a single strand is directly related to the twist.

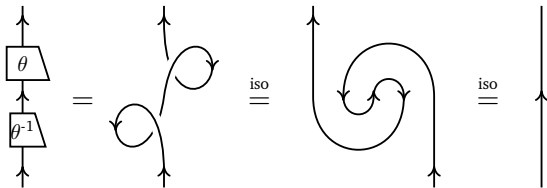
**Lemma 51.** In a braided pivotal category, the following hold:





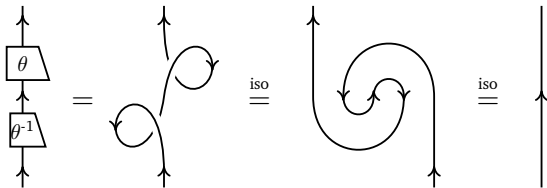
## IV. Duals in monoidal categories

**Proof.** Let's verify the expression for  $\theta^{-1}$ :



## IV. Duals in monoidal categories

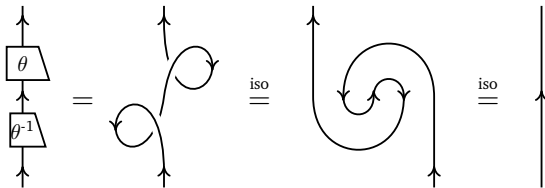
**Proof.** Let's verify the expression for  $\theta^{-1}$ :



The equation  $\theta \circ \theta^{-1} = \text{id}$  can be checked in a similar way. Since inverses in a category are unique, this proves  $\theta^{-1}$  is correct.

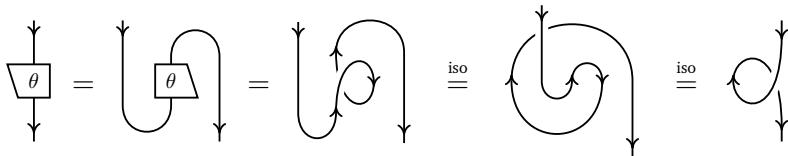
## IV. Duals in monoidal categories

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The equation  $\theta \circ \theta^{-1} = \text{id}$  can be checked in a similar way. Since inverses in a category are unique, this proves  $\theta^{-1}$  is correct.

We demonstrate the graphical form of  $\theta^*$  as follows:



The rest of the theorem can be proved similarly. □

## IV. Duals in monoidal categories

Thinking about ribbons inspires the following definition.

**Definition 52.** A *ribbon* or *tortile* category is a balanced monoidal category with duals, such that  $(\theta_A)^* = \theta_{A^*}$ .

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This is equivalent to either of these graphical equations:

The image contains two graphical equations. The first equation shows two strands crossing. On the left, the left strand has a loop that crosses itself and then crosses the right strand. On the right, the right strand has a loop that crosses itself and then crosses the left strand. An equals sign is between them. The second equation shows two strands crossing. On the left, the left strand has a loop that crosses itself and then crosses the right strand. On the right, the right strand has a loop that crosses itself and then crosses the left strand. An equals sign is between them.

**Lemma 53.** A compact category is a ribbon category.

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This is equivalent to either of these graphical equations:

**Lemma 53.** A compact category is a ribbon category.

**Lemma 54.** In a ribbon category, the following equations hold:

## IV. Duals in monoidal categories

These are the equations we would expect to be satisfied by *ribbons*.

**Theorem 55.** A well-formed equation between morphisms in a ribbon category follows from the axioms if and only if it holds in the graphical language up to framed isotopy in three dimensions.



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‘Framed isotopy’ is the name for the version of isotopy where the strands are thought of as ribbons, rather than just wires.

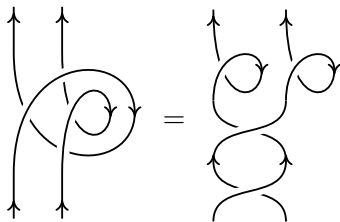
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‘Framed isotopy’ is the name for the version of isotopy where the strands are thought of as ribbons, rather than just wires.

To get a feeling for framed isotopy, use ribbons to verify the following equations:

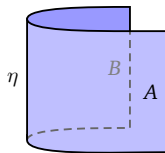
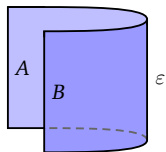


# Part V

**Duals in higher categories**

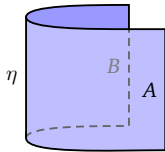
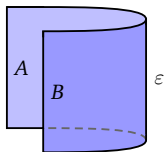
## V. Duals in higher categories

**Definition.** In a monoidal 2-category, an object  $A$  has a *right dual*  $B$  when it can be equipped with 1-morphisms called *folds*

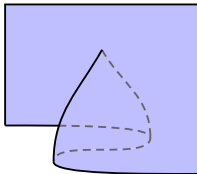
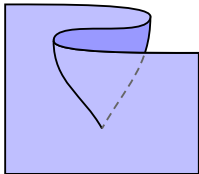
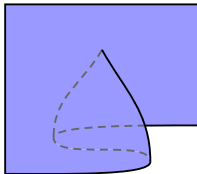
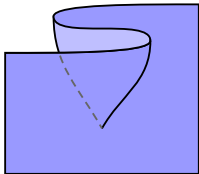


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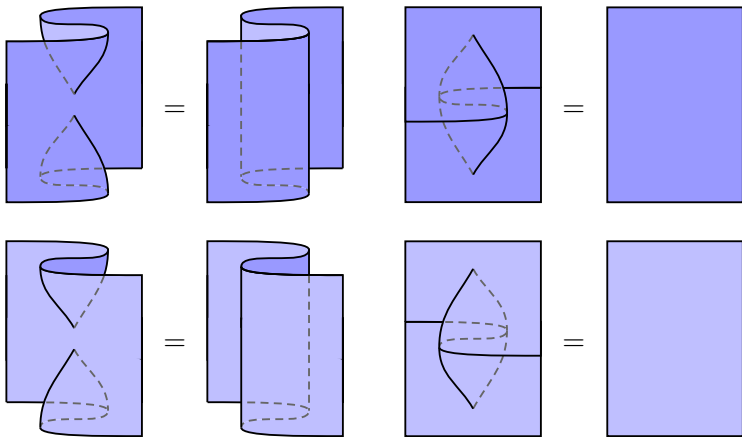


and invertible 2-morphisms called *cusps*:



## V. Duals in higher categories

The invertibility equations look like this:



It's just like deforming a piece of fabric!

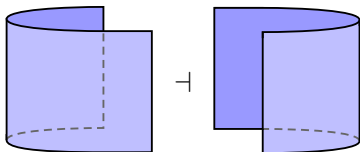
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To capture all the structure of oriented manifolds, we must require that our fold morphisms *themselves* have duals.

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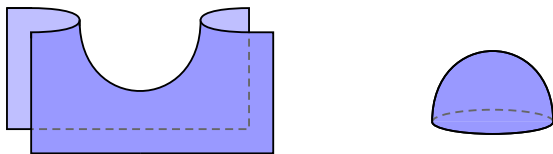
To see what happens, let's investigate this duality:





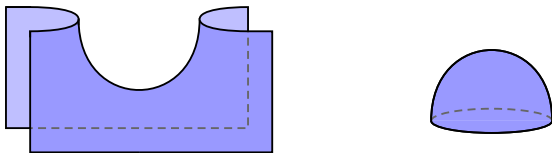
## V. Duals in higher categories

It has a unit and counit, which we draw like this:

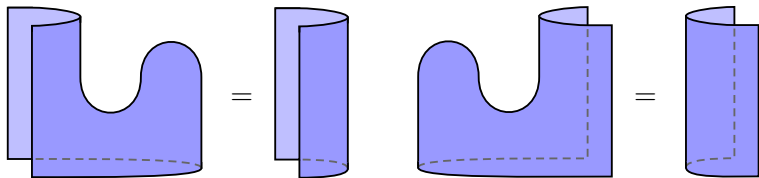


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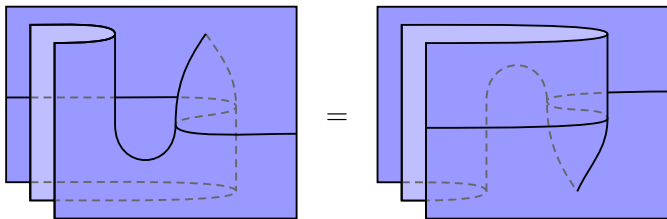
The snake equations for the duality then look like this:



Again, this makes sense in terms of deformations of surfaces!

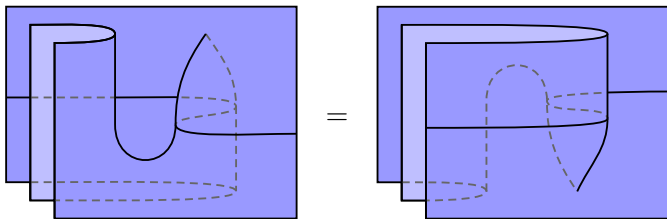
## V. Duals in higher categories

There is only one set of equations left to completely specify the behaviour of oriented surfaces. They look like this:



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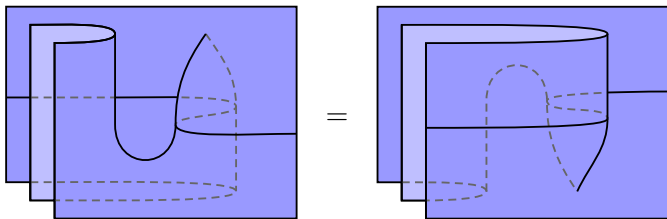
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These are called the *cusp-flip equations*.

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The *Cobordism Hypothesis* says that you can describe  $n$ -dimensional manifolds in a similar way.